

Make-A-Wish Foundation of Japan presents

17th

Charity Marathon Around the Imperial Palace

2010.4.25 Sunday Rain or Shine



The Make-A-Wish Foundation started in 1980 with a child's wish to be a policeman.

All proceeds go to grant wishes to children with life-threatening illnesses.

Categories		Entry Fee*	Starting time
5M	5km Men	¥3,500 per person**	10:00AM
5F	5km Women	¥3,500 per person**	10:15AM
10M	10km Men	¥3,500 per person**	10:30AM
10F	10km Women	¥3,500 per person**	10:30AM
P	5km Men/Women Pairs	¥5,500 per team	11:00AM
F	5km Family Team (2 or more family members welcome)	¥5,500 per team	11:00AM

*Entry fee includes entry gift and accident insurance.

**Students: ¥2,000 per person for individual entries.

Open to participants of all ages so long as entrants are in good health and fit enough to participate.
Baby strollers and pets allowed.

Course: One lap around the Imperial Palace (5km) or two laps around the Palace (10km).
One water station along the course (see map for location)

Registration: Hibiya Park - Kenko Hiroba (Just inside of Iwaida-mon)

Time: Please complete registration at least 30 minutes before the start of your category.
(Groups need to register between 8:00AM-9:30AM)

Start/finish line: Sakuradamon Gate by the clock tower.

Approximately a 10 minute walk from Kenko Hiroba.

Please be at the starting line at least 5 minutes before the start of your category.

Prizes: The top three finishers in each category will receive a prize.

Registration Deadline is 2010/04/09 Friday!!!

How to Register: 1) Register online through our **Website:** <http://www.mawj.org/marathon>

2) By **Fax:** either download and print registration form from our website or call for registration form. Fill out the form and fax the completed form to (03) 3221-8380.

3) By **Mail:** either download and print registration form from our website or call for registration form. Fill out the form completely and mail it to:

Make-A-Wish Foundation of Japan Attn: Charity Marathon
7th Floor, Ichibancho Tokyu Bldg.21 Ichibancho, Chiyoda-ku, Tokyo 102-0082

Payment: 1) If applying online, payment can be made either by credit card, postal transfer or bank transfer.
2) If applying by fax or mail, payment can only be made either by postal transfer or bank transfer.

Postal Transfer:

Account number: 00180-0-573379
Account name: Make-A-Wish of Japan
Please include "Marathon", the name of the participant (or team leader) and the category.*

Bank Transfer:

Yucho Ginko
Branch Number: 019
Checking account/ account Number: 0573379
Account name: Make-A-Wish of Japan
Please include "Marathon", the name of the entrant (or team leader) and the category.
For example, 5km men should be "5M John Gotti"*

*Postal transfer or Bank transfer fee is the responsibility of the entrant.

*Please make sure we receive the payment in our account by 3:00PM on Friday, 2010/04/09.

We will send you a postcard with pertinent information at least one week before the event.
Please bring this postcard with you to registration on the day of the event!!!

Rules and Regulations

Please read carefully!

*Be sure all of the participants are in good health and are able to endure the physical activities of this event.

Please do not participate if you are not physically fit enough to run.

*This charity marathon is held for the purpose of raising money for the Make-A-Wish Foundation of Japan to grant wishes to children fighting life-threatening illnesses.

*There will be Make-A-Wish volunteers wearing day-glow jackets along the course to point the runners along the proper course.

Please obey their instructions, and if there is a problem please let them know.

*We will provide a tent as a changing room only for female participants. We ask for your understanding.

*We will provide two numbers per set.

For categories 5M, 5F, 10M, and 10F, the participants should wear the numbers on the front and back of his/her shirt.

For categories P and F, two participants should wear the numbers on the front of their shirts.

*The starting line will be crowded so we ask that participants with baby strollers and pets start at the back of the pack.

*Please note that the marathon course, Hibiya Park and Sakuradamon, are NOT for our exclusive use. We will be sharing these areas with non-participants. We ask that you give consideration to others using the parks.

Your understanding is greatly appreciated.

*Please run on the left side and pass other runners on the right.

*During the event, if you do not feel well please contact the nearest Make-A-Wish volunteer and alert him/her to your condition.

*We will have a water station along the course. Please be sure to take plenty of liquids to prevent dehydration.

*Participants in categories P and F must cross the finish line holding hands.

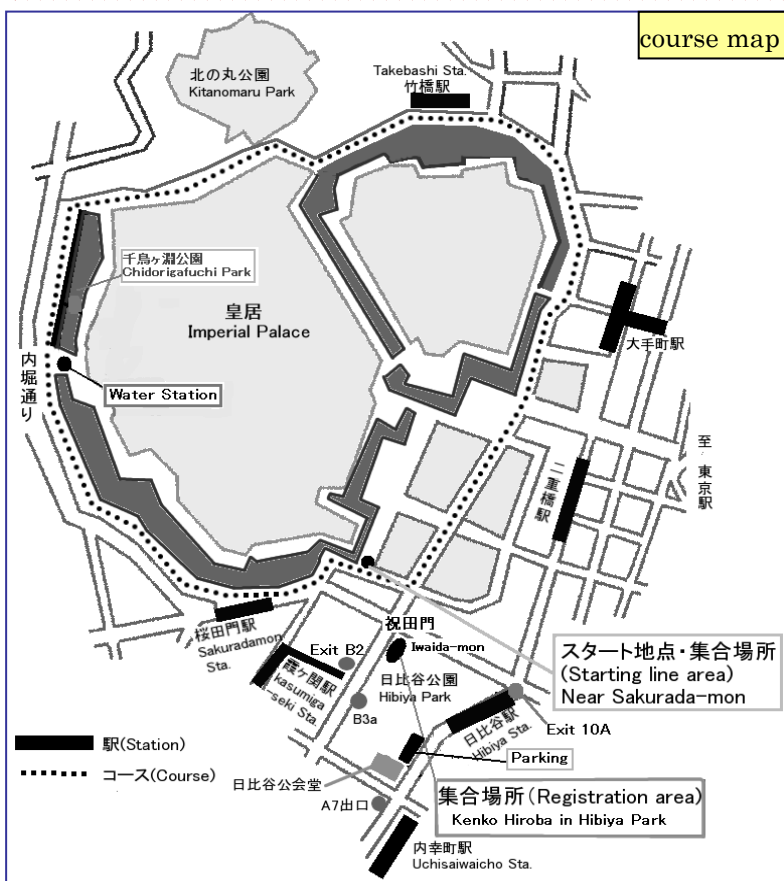
*The top 3 finishers in each category will receive a number at the finish line. Please take this number and go to the registration desk.

*Please take your trash and water bottles with you as we will NOT be providing trash cans or recycling bins.

Liability Release and Agreement

- 1) You are responsible for your own belongings. Make-A-Wish Foundation of Japan, our staff, our volunteers, the organizers, and sponsors are not responsible for any loss, theft or damage to property (personal and otherwise) nor are they responsible or liable for any health problems and/or accidents that may occur during this event. We will do our best to ensure that this event is carried out safely with the safety of the participants being our priority.
- 2) We will not accept changes to your category after registration has been completed. Also, there will be no refunds for cancellations or no-shows.
- 3) We ask that you complete the entry forms truthfully. Any discrepancies or false information will automatically void the entry. There will be no refund.
- 4) If in the case the participant accidentally over pays or pays twice, we cannot refund the difference.
- 5) Photos, videos and images will be taken at this event for possible use in print media, news media and/or internet sites. We ask for your understanding.
- 6) We will not share, trade, sell or buy any personal information gathered for this event. We will do our utmost to ensure your privacy and to protect any and all personal information.
- 7) In case this event is cancelled due to acts of nature, accidents or any unforeseeable events the organizers reserve the right to determine whether a refund (partial or full) will be given.
- 8) The organizer will hold this event as per the rules and regulations and with the understanding that all participants are aware of the above liabilities and agree to the terms of those conditions.

Raffle: You will have the chance to win fabulous prizes. After registration, please go to the raffle area and draw a lot from the raffle box. What you draw depends on your luck! Please note that any winning prize will be voided if not claimed by 1:30PM. Also, please note that this raffle system has changed from previous years.



*In case of severe weather, the event will be cancelled. Please check our website after 6:30AM for up-to-date information: <http://www.mawj.org/marathon/> or call in Japanese or English: 080-5181-4110.

Access

Registration area (Kenko Hiroba just inside of Iwaida-mon)

Tokyo Metro – Kasumigaseki Stn. Exits B2 (about a three minute walk).

Tokyo Metro – Hibiya Stn. Exit A10 (about a five minute walk).

*Underground toll parking facilities available

Starting line area (Sakuradamon Gate by the clock tower)
Approximately a 10 minute walk from Kenko Hiroba.

For further information:

Please contact Make-A-Wish of Japan

Phone: (03) 3221-8388 Fax: (03)3221-8380

E-mail: event@mawj.org

Event webpage: <http://www.mawj.org/marathon>